



Dermatology & Aesthetic Patient Guide

Preparation, safety and informed decision support for skin, hair and aesthetic consultation.

CALL	78277 40409
ADDRESS	2281, opposite Marengo Asia Hospital, Sector 16, Faridabad
WEBSITE	www.skin-zen.com

Before your dermatology appointment

- Bring previous prescriptions and product list
- Share allergy, pregnancy and medical history
- Avoid covering the affected area with heavy makeup when possible
- Bring dated photographs if the concern changes over time

Common consultation areas

- Acne and acne scars
- Pigmentation and melasma
- Eczema, psoriasis and allergy
- Hair fall and scalp disorders
- Chemical peels and rejuvenation
- Laser hair reduction and anti-ageing counselling

Procedure safety

- Diagnosis and suitability assessment first
- Clear discussion of benefits, risks, downtime and alternatives
- Skin-type appropriate settings and aftercare
- No guaranteed results or standard package for every patient

Seek urgent care

Rapidly spreading rash with fever, breathing difficulty, swelling of lips or tongue, extensive blistering, severe infection or other rapidly worsening symptoms require urgent medical assessment.

Medical note: This guide is educational and does not replace individual diagnosis or emergency care. Medical and aesthetic outcomes vary.